



ipse wilderness  
Journey Inside, Outside



## Being Scilly

Being Scilly is a week-long wild island holiday, finding the fun in the outdoors, doing adventurous activities in a playful, expressive and exuberant way. Staying on St Mary's, we will have a wonderful base from which to explore the remote beauty of the Scilly Isles. The holiday includes: kayaking, snorkelling with seals, swimming, fun runs, yoga, bike hire, a gin-making course, a comedy workshop, and a number of guided walks around the islands. Additional activities such as coasteering are available at an extra cost, and there is free time for individual exploration too, such as a day-trip to the tropical gardens of Tresco.

Dates: Saturday 18<sup>th</sup> – Saturday 25<sup>th</sup> July 2020

Location: Garrison Campsite, St Mary's, Isles of Scilly, Cornwall

Accommodation: Shared rooms in self-catering cottage

Cost: £800. Does not include travel to island, food or additional activities.

NB: You are responsible for arranging your own travel to and from St Mary's. It is not possible to bring your car to the island. The ferry is for foot passengers only. We would recommend bringing a bike if you can.

\*The holiday begins at St Mary's quay, midday on Saturday 18 and ends midday on St Mary's on Saturday 25<sup>th</sup>. \* You are welcome to extend your stay.

Proposed itinerary (subject to change):

Day	Date	Morning	Afternoon	Evening
0	Fri 17 <sup>th</sup> July	<i>Independent travel to Penzance and overnight stay</i>		
1	Sat 18 <sup>th</sup> July	<i>Ferry 09:15am</i>	Arrive St Mary's 12:00. Settle in.	Dinner pm
2	Sun 19 <sup>th</sup> July		Seal snorkelling St Martin's – 3 hours	Local walk
3	Mon 20 <sup>th</sup> July	Scilly Archaeology Walk	Bike hire – exploring St Mary's	Gin workshop
4	Tues 21 <sup>st</sup> July		Kayaking St Martin's – 3 hours	Writing workshop
5	Wed 22 <sup>nd</sup> July	Adventure Scilly activity		Gig racing
6	Thurs 23 <sup>rd</sup> July	Tresco day trip / ipse walk	Tresco day trip / bike hire	Comedy night
7	Fri 24 <sup>th</sup> July		ipse walk and talk on St Mary's	St Agnes trip
8	Sat 25 <sup>th</sup> July	Final explorations	<i>Ferry 15:00 (arriving Penzance 17:45)</i>	<i>Travel home</i>

50% deposit required to reserve your place.

Contact Julia at ipse wilderness to book:

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